Thu  $(22^{nd})$ 

Heacham

 $Wed \overline{2}1^{st}$ 

KING'S

Downham

Market

LYNN

Burnham Market

WALSINGHAM

Fri 23<sup>rd</sup>

Соме

AND

**JOIN** 

us!

**SAT 10TH -**

SUN 25TH

**AUGUST** 

2013

## st. Albans-Bedford-King's Lynn-Walsingham To Be A Pilgrim



Each summer the Diocese of Arundel and Brighton organises an ecumenical walk to a place, shrine or area exploring a particular theme or aspect of our faith and Christian heritage. What we rediscover, year after year, is the amazing personal and community value of going on a pilgrimage as our medieval forebears did, where the journey, walking, laughing, sharing, praying, singing, etc. is as important as the destination. We stop at a pub for lunch and sleep on the floors of church, school or community halls. We Mon 19th try to walk on footpaths not roads.

Our 2013 Pilgrimage takes us to the East and England's

foremost Marian shrine, reflecting on the theme "To be a Pilgrim", from John Bunyan's The Pilgrim's Progress. Each day we worship

together as a Christian community, journeying together and growing together in

Christ-centred friendships. We stop to pray in the churches we pass, many of which are of architectural and historical interest, and all of which bring us into contact with the communities we are passing through. TRANSPORT: Our luggage is carried by van. Pilgrims make their own way to the start in St Albans and home from King's Lynn (subject to demand, transport will be arranged from Walsingham to King's Lynn at £5 per head).

REQUIREMENTS: All you have to be is over 16 (or accompanied by an adult) and be fit enough to walk an average of about 16 miles Barton-le-Clay per day at a moderate pace — and a sense of humour is useful.

Cost: The cost is only £175 for the whole way (£135 for under 21's), 7+ nights at £16 per night, 1 to 6 nights at £17 per night. Breakfast, sandwiches for lunch and an evening meal are all included in the cost of the pilgrimage, which is organised by past pilgrims on a voluntary basis.

STILL NOT SURE? Visit our web site and see the fun, friendship and fulfilment we've enjoyed over the years.

Fen Drayton Fri 16<sup>th</sup> St Neot's **ONLY £175** Thu 15<sup>th</sup> For 2 WEEKS **BEDFORD** 

Sat 17<sup>th</sup>

Tue  $713^h$  $Mon \sqrt{12}^{th}$ Whitwell ST ALBANS

For more information or an application form contact: The Booking Secretary, Monica McLauchlan, 20 South Avenue, Brighton, BN2 0BP **2**01273 680025 or visit

www.thepilgrims.org.uk

Closing Date for Applications: 30<sup>th</sup> June 2013, or when all places taken (accommodation may be limited-don't leave it too late! Send £25 deposit to secure a place). N.B. All accommodation must be booked and paid for in advance.

I wish to book for the wh	iole pilgrima	ge £175 (£	£135 i	f und	er 21)		Please tick	
Or the nights of August:	10 11 12 13	14 15 16	17 1	8 19	20 21	22	23 24 Please circle	
£17 per night for 6 nights or less or £16 per night for 7 or more nights.								

Please make all cheques payable to: The Diocese of Arundel & Brighton

		Ecumenical walking Pilgrimages.
£17 per night for 6 nights or less or £16 per night for 7 or mo	ore nights.	
Please reserve me a place on the coach from Walsingham to	Kings Lynn Station @ £5 □	(subject to demand)
I am unable to stay overnight but please mail me details $\Box$	Please tick - contribution to	owards postage appreciated.
Name:	Denomination A	ge:
Address:		
	Post code:	Tel:
E-mail address:		
If under 18 a parent or guardian must sign here:	Print Na	ame:
I enclose a non-returnable £25 deposit □ Signatur	e:	Date:
New pilgrim? How did you find out about us: poster □ webs	site 🗆 another pilgrim 🗖 (nar	me)