

In emergency contact: Chris 07850 661833 or Clare 07977 078889 or Susan M 07736 176207

DIOCESE OF ARUNDEL AND BRIGHTON ECUMENICAL WALKING PILGRIMAGES

THE BUCKFAST MILLENNIUM PILGRIMAGE 2018

ROUTE CARDS

*Apart from their interest and information for each day's walk, these route cards are your life-line in an emergency. **Carry them with you at all times.** (You may want to remove the staple and only carry the sheet you need each day). If you get separated from the main party, the route cards will tell you where we are going and indicate an outline of our route, and may help you locate any public transport, used in conjunction with the alternative transport list. It is a good idea to take a map case with you to keep your route cards in, together with leaflets and postcards etc that you may pick up at churches en route - even if you do not carry a map.*

Timings are correct at time of publication but subject to change

Abbreviations Used on the Route Cards

E - Explorer Map L - Landranger Map

Summary of Route			Length, miles	Ascent, ft
Day 1	Sat Aug 11	Induction and Salisbury to Lover	11.6	700
Day 2	Sun Aug 12	Lover to Ringwood	16.3	900
Day 3	Mon Aug 13	Ringwood to Wimborne Minster	13.3	700
Day 4	Tue Aug 14	Wimborne Minster to Wareham	18.3	1200
Day 5	Wed Aug 15	<i>Rest Day in Wareham</i>	-	-
Day 6	Thu Aug 16	Wareham to West Lulworth	13.7	2300
Day 7	Fri Aug 17	West Lulworth to Dorchester	15.1	2700
Day 8	Sat Aug 18	Dorchester to Bridport	20.6	1900
Day 9	Sun Aug 19	Bridport to Lyme Regis	14.6	2300
Day 10	Mon Aug 20	Lyme Regis to Sidmouth	17.4	3900
Day 11	Tue Aug 21	<i>Rest Day in Sidmouth</i>	-	-
Day 12	Wed Aug 22	Sidmouth to Kenton	14.7	2000
Day 13	Thu Aug 23	Kenton to Barton	16.1	2900
Day 14	Fri Aug 24	Barton to Ashburton	15.1	2000
Day 15	Sat Aug 25	Ashburton to Buckfast Abbey & Celebration	6.9	1100
Day 16	Sun Aug 26	<i>Journey Home</i>	-	-
Totals			193.7	24600

Contacting the pilgrims: An address is given for each hall that we stay in, to help pilgrims joining on that day find the hall. These are not intended to be used as postal addresses for contacting the pilgrims, as we do not know whether anybody will be collecting the mail. So the best way to contact the pilgrims is to use the emergency phone numbers given at the top of each page (but the coverage may be poor in some areas) or the email address at the foot of each page, or via the web site:

www.thepilgrims.org.uk

email the pilgrims at live@thepilgrims.org.uk

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DAY 1 Saturday August 11 Induction and Salisbury to Lover 11.6 miles

Theme: Foundations

He set my feet upon a rock. (Ps 40 v 2)

The wise man built his house upon the rock. (Matt 7 v 24)

LEADER: Maurice Hickman

Maps: L184 or E130, E131

On this afternoon's walk we shall be following the Avon Valley Path most of the way. We shall be passing through a village called Downton which is famous for its Hop Back Brewery. We also have to cross the busy Bournemouth A338 road before we get to the church stop so extra care will be needed when crossing this. Our destination "Lover" rhymes with "Dover", not what you might think.

Directions from Salisbury Station to Registration Venue: Exit the station and turn left, passing the Railway Tavern and a line of shops. At the mini-roundabout turn left under the railway bridge and proceed ahead. At the next junction carry straight on but take the opportunity to cross from the left side of the road to the right at the pedestrian crossing. The next junction is a large roundabout. Follow the pavement round to the right and Our registration venue St Paul's Church is on our right, facing the roundabout. Total distance 0.3 miles

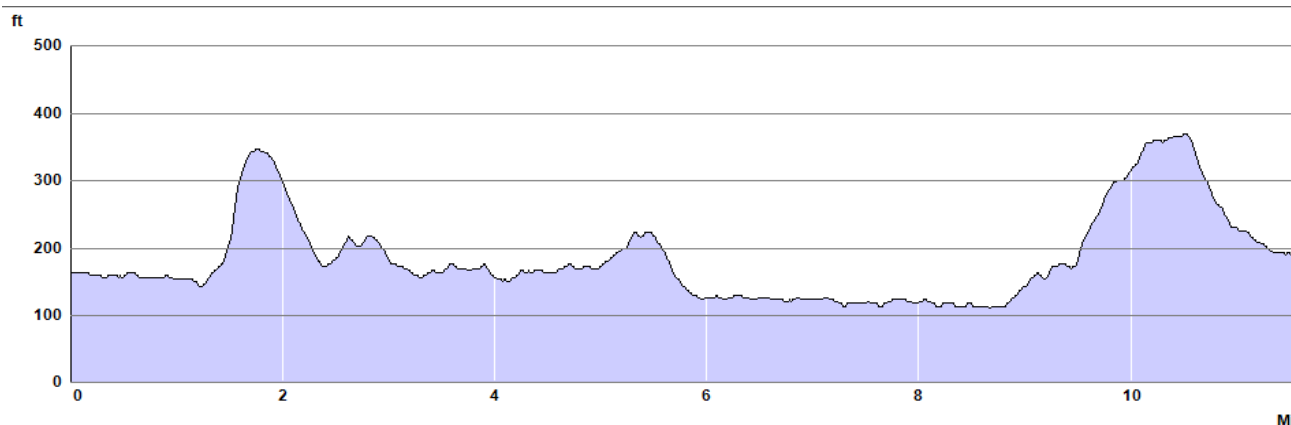
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
10:15 - 11:30	0	REGISTRATION: St Paul's Church Foyer, Salisbury	SU138303
11:45 - 12:45	0.4	SUGGESTED LUNCH: King's Head, Salisbury	SU142299
13:00 - 13:45	0.7	INDUCTION SERVICE: Salisbury Cathedral	SU143295
16:10 - 16:30	6.8	PRAYERS: All Saints, Charlton All Saints	SU176241
18:20	11.6	ARRIVE: Redlynch Village Hall, Lover	SU212201

About the lunch pub: Pilgrims will register at different times, and head into the centre of Salisbury in small groups once done. So the King's Head, which is a Wetherspoon's pub, and the timings given are just a suggestion for lunch, but it is where the orange arrows will lead. The arrows from the pub to the cathedral will appear once the leaders have lunched! Feel free to make your own arrangements for lunch elsewhere. The important thing is that we gather at the cathedral at 13.00

Addresses Registration: St Paul's Church Foyer, Fisherton St, Salisbury, SP2 7QW
Suggested Lunch: The King's Head Inn, 1 Bridge Street, Salisbury, SP1 2ND
Hall: Redlynch Village Hall, Vicarage Rd, Salisbury, SP5 2PG

A&B Pilgrimage History : Salisbury was the destination of our 2008 pilgrimage, and the 1978, 1991 and 1999 pilgrimages passed through it, but this year is the first time that we have headed south out of Salisbury directly along the Avon Valley Path.

Profile (Scale 0 to 500 ft): Each day the route card shows the route profile. But don't be misled: be aware that it is a different scale each day! Today's walk is mostly along the Avon Valley Path so has long flat stretches but also a couple of hills. They are small compared to what is to come later in the pilgrimage but the first includes a steep climb up steps so provides good early training! The second hill is a climb out of the valley at the end of the day.



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DAY 2 **Sunday August 12** **Lover to Ringwood** **16.3 miles**

Theme: Drainage

Out of the mouth the heart speaks (Luke 6 v 45).

Eyes full of Light (Luke 11 v 34).

Hidden darkness. Removing our iniquities – letting bad things go.

LEADER: Francis O'Sullivan

Maps: L184,L195 or E131, E130, OL22

Today we continue our southwards journey along the Avon Valley Path. The river is renowned for angling. After skirting the New Forest with its free roaming ponies, we lunch in the riverside town of Fordingbridge before our overnight in Ringwood.

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
09:10	0	DEPART: Redlynch Village Hall, Lover	SU212201
09:15 - 10:15	0.1	ANGLICAN EUCHARIST: St Mary, Lover	SU211202
11:25 - 11:30	2.9	DIY PRAYERS: St Mary, Hale	SU178186
13:15 - 14:15	7.5	LUNCH: central Fordingbridge	SU147141
14:20 - 14:40	7.7	PRAYERS: St Mary, Fordingbridge	SU145138
16:00 - 16:05	11	DIY PRAYERS: All Saints, Harbridge	SU145101
18:00 - 18:30	16.3	ARRIVE: Trinity Centre, Ringwood	SU150051
19:00 - 19:45	16.3	RC MASS: Sacred Heart & St Theresa of Lisieux, Ringwood	SU150052

About lunch: Today we are free to find our own lunch. There are 3 pubs and other venues. After lunching we need to follow the arrows to St Mary's Church where we reunite.

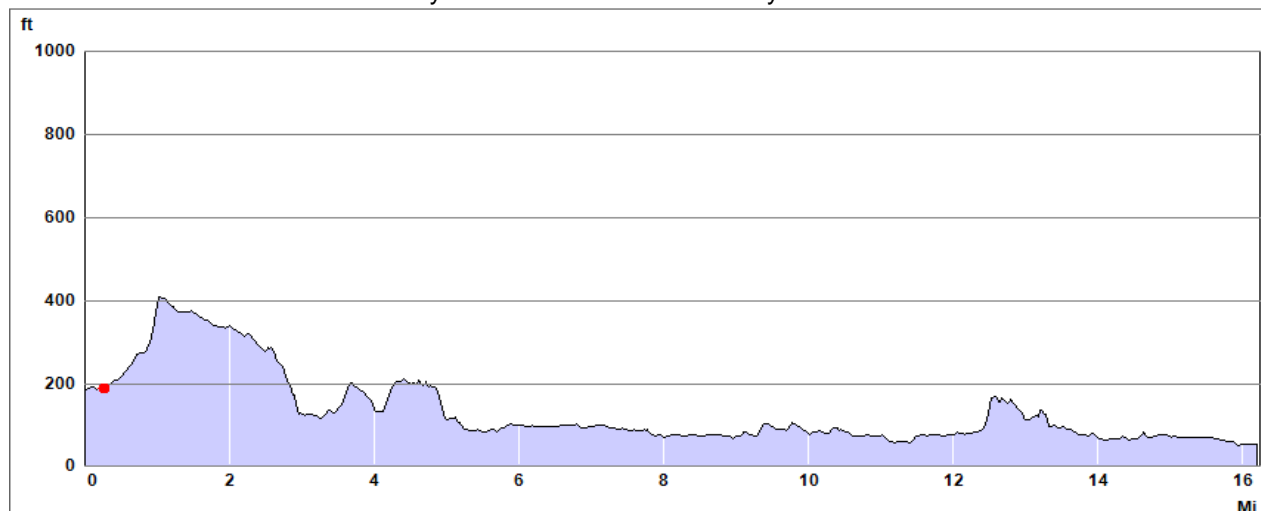
Addresses

Lunch: find you own

Hall: Trinity Centre, 51 Christchurch Rd, Ringwood BH24 1DH

A&B Pilgrimage History: The 1978 Glastonbury, 1980 Buckfast and 1999 Bath pilgrimages all had overnight stays in Fordingbridge. In 1999 this came after taking lunch in Ringwood, so the opposite to today.

Profile (Scale 0 to 1000 ft): We begin with a reverse of the climb at the end of yesterday, over a ridge then back down into the Avon Valley. The rest of the walk is very flat.



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DAY 3 **Monday August 13** **Ringwood to Wimborne Minster** **13.3 miles**

Theme: Walls

Building solidly with wood/clay etc (Luke 6 v 48).

LEADER: Steven Knowles and Caroline Sanders

Maps: L195 or OL22, E118

This walk is over moderately easy terrain. In the morning we leave Ringwood, following the Castleman Trailway for most of the morning. The Castleman Trailway is a walking/cycle route that follows the old now defunct Southampton to Dorchester rail line. In the afternoon we approach lunch at the village of Holt, across the Holt Heath nature reserve. After lunch we again cross the heath before a lengthy stretch alongside roadway and through a built up area to our destination.

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
09:00	0	DEPART: Trinity Centre, Ringwood	SU150051
09:00 - 10:00	0	RC MASS: Trinity United Church, Ringwood	SU150051
12:00 - 12:20	5.2	PRAYERS: St Martin URC, West Moors	SU079029
13:35 - 14:35	8.3	LUNCH: The Cross Keys, Holt Heath	SU062048
16:10 - 16:30	12.1	PRAYERS: St Michael and All Angels, Colehill	SU025012
16:55	13.3	ARRIVE: St John's Parish Centre, Wimborne Minster	SZ016998
18:00 - 18:30	13.3	COMMEMORATION OF DECEASED PILGRIMS SERVICE: The Minster, Wimborne Minster	SZ009999

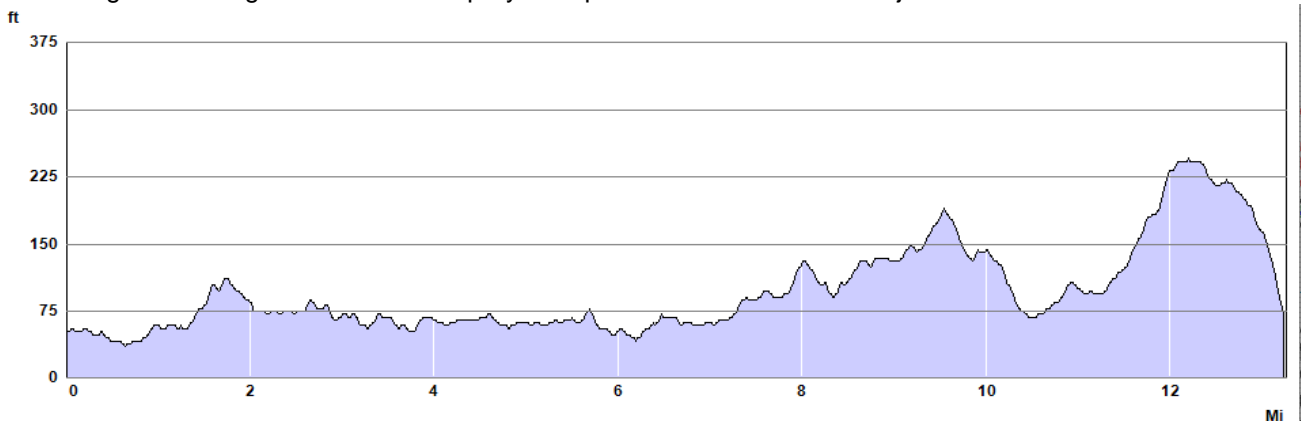
About the lunch pub: It's a 16th Century, cosy, friendly pub in Dorset's Holt Heath Nature Reserve. We can eat our own food in the adequate grassed areas close to the pub

Addresses

Lunch: Cross Keys Inn. Holt Road Mannington BH21 7JZ
Hall: St John's Parish Centre, 71 Leigh Rd, Wimborne, BH21 1AE

A&B Pilgrimage History: Today is almost entirely virgin territory where no pilgrim boots have trod before, except where just outside of Ringwood by a roundabout on the A31, we cross the route of the 2007 Wells to Arundel pilgrimage. It was heading south whereas we are heading west.

Profile (Scale 0 to 375 ft): A rather flat day, certainly compared with what is to come once we hit the coast, with the greatest height reached at our prayer stop at Colehill. Total ascent just 700ft.



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DAY 4 **Tuesday August 14** **Wimborne Minster to Wareham** **18.3 miles**
Theme: Roof

Covering us (with love). Keeping out the weather. Protection. Safe place. (Ps 91)

LEADER: Chris Nussbaum and Clare Neal **Maps: L195 or E118, OL15**

Today's walk is long but fairly flat and easy compared to most on this pilgrimage. We head out from Wimborne along the banks of the River Stour on the Stour Valley Way and then uphill to Pamphill to skirt the southern edge of Kingston Lacy (NT). We descend once more to the river and cross the 800 year old White Mill Bridge with adjacent 18th Century corn mill (NT). This is an idyllic way to enter the village of Sturminster Marshall with it's Parish Church of St Mary the Virgin which dates back to 1100 and the Red Lion Inn opposite. Of note the Village Green is home to one of the oldest Maypoles; the location of which probably dates back to 1101. The Village Stocks are also located here so beware any wayward pilgrims! After lunch and our Prayer Stop we pick up the Wareham Forest Way and head out of the Village through meadows to Henbury where we have to cross the A31 and then through Henbury Park - passing Henbury Hall - and crossing the A350. (Please be very vigilant when crossing these A roads.) The Wareham Forest Way takes us across fields to East Morden village where we stop at St Mary's Church for prayers. Outside the village the Wareham Forest Way and Hardy Way overlap through a forested area and emerge to cross the A35 and continue on a footpath alongside the road to Snail's Bridge. The Hardy Way goes through Morden Heath and Decoy Heath passing Lookout Towers and Decoy Ponds along the way. These areas form the Morden Bog National Nature Reserve which is rich in biodiversity and was once considered one of the boggiest places in Europe! Please stay on the designated footpaths. The Hardy Way then takes us through the centre of Wareham and down to the Quay and our accommodation.

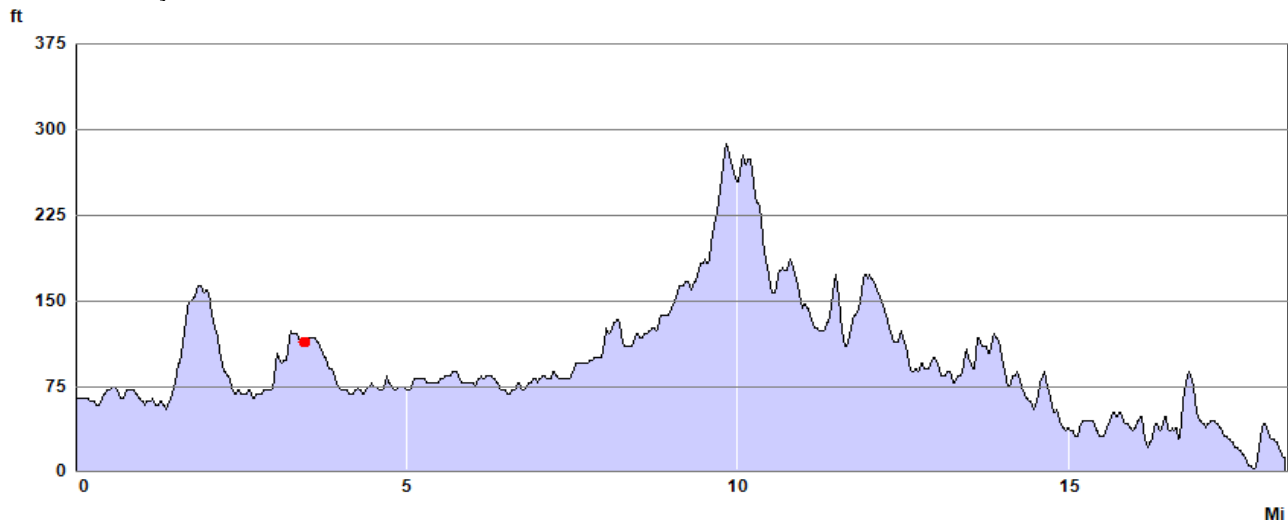
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
09:00	0	DEPART: St John's Parish Centre, Wimborne Minster	SZ016998
09:15 - 10:30	0.5	ANGLICAN EUCHARIST / EXPLORE: The Minster, Wimborne Minster	SZ009999
12:20 - 13:20	5.2	LUNCH: The Red Lion Inn, Sturminster Marshall	ST951004
13:25 - 13:45	5.3	PRAYERS: St Mary the Virgin, Sturminster Marshall	ST951004
15:55 - 16:15	10.7	PRAYERS: St Mary, East Morden	SY916956
19:10	18.3	ARRIVE: Lady St Mary Parish Centre, Wareham	SY925872

About the lunch pub: The Red Lion Inn is a traditional village pub owned by Hall and Woodhouse. Food needs to be pre-ordered and menus have been provided. We cannot eat our own food in the pub but there is the Village Green for a picnic.

Addresses Lunch: The Red Lion Inn, Church St, Sturminster Marshall, Wimborne, BH21 4BU
 Hall: Lady St Mary Parish Centre, Church St, Wareham, BH20 4ND

A&B Pilgrimage History: Completely new territory for the pilgrimage all day!

Profile (Scale 0 to 375 ft): Day 4 is only slightly hillier than the first 3 days. The greatest height of the day comes shortly before we reach East Morden.



DAY 5 Wednesday August 15 Rest Day in Wareham 0 miles

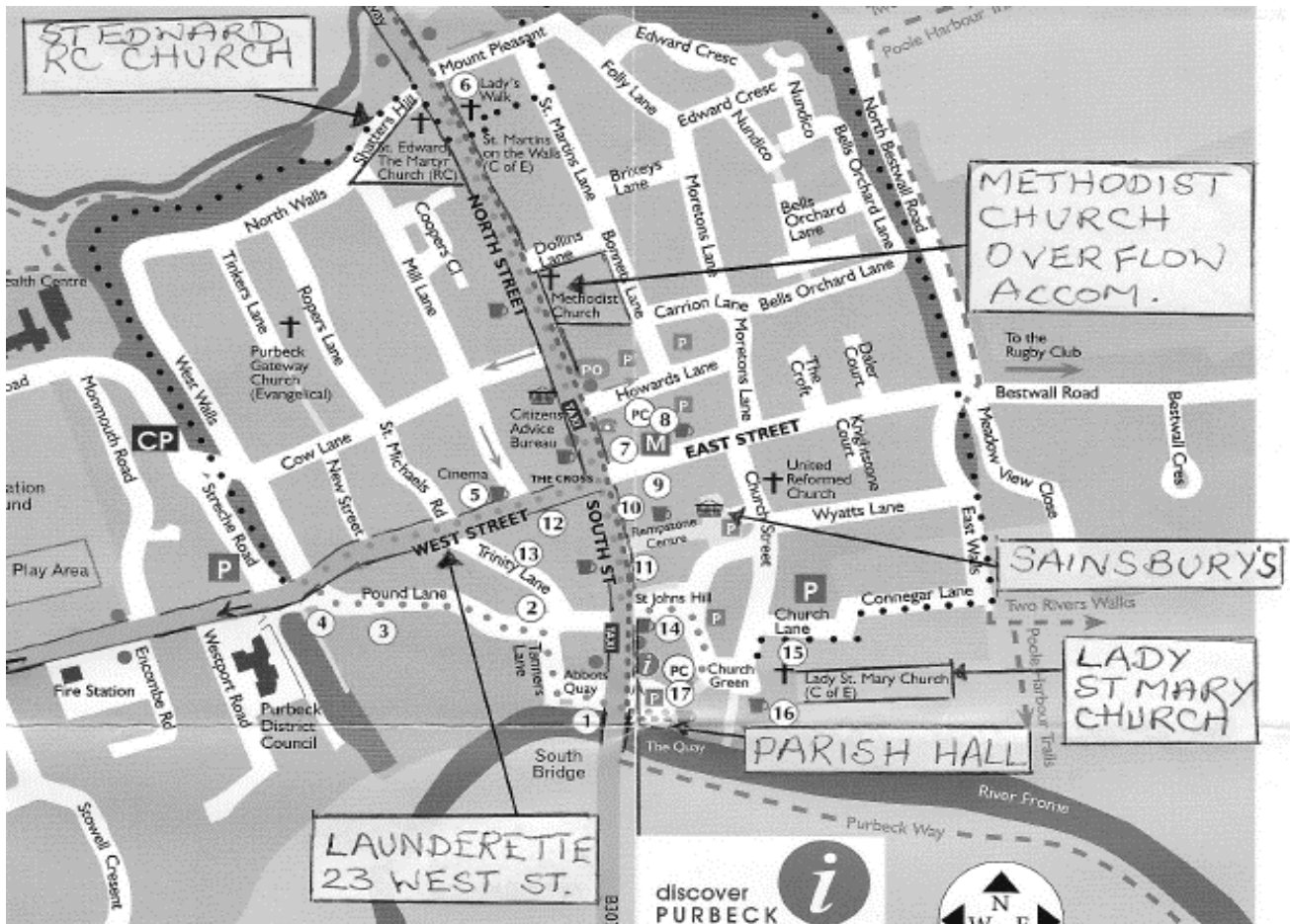
Theme: Windows

but if we walk in the light as he himself is in the light, we have fellowship with one another (1 Jn 1:17)

Today is a rest day and pilgrims are largely free to plan their own timetable. However it is the Feast of the Assumption, and we have organised our own RC Mass at 9.30am in the hall. Wareham is one of the few remaining Saxon walled towns in England, and we can walk around the walls. Information boards on the walls and the town's museum have information on Viking attacks, civil war skirmishes and the town's connections with T.E. Lawrence (Lawrence of Arabia). The town's quay provides various opportunities: boat hire, paddle steamer river cruises, or just sitting and watching the river flow by.

Time	Miles	Location	Grid Ref
09:30		Rise time and breakfast time will be announced the night before. RC MASS: Lady St Mary Parish Centre, Wareham	SY925872

Addresses
 Hall: Wareham Methodist Church Hall, 24, North St, Wareham, BH20 5AX
 Hall: Lady St Mary Parish Centre, Church St, Wareham, BH20 4ND
 Launderette: 23 West Street, Wareham BH20 4JS, Dorset
 Purbeck Sports Centre: Worgret Road. Ten minute walk west on West Street, which becomes Worgret Road. Situated behind Purbeck School. Swimming available 10.15 to 2.45 and 5.45 to 8



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DAY 6 **Thursday August 16** **Wareham to West Lulworth** **13.7 miles**

Theme: Chimney

To let out the smoke – the steam and anger from our lives. "let everyone be quick to listen, slow to speak, slow to anger" (James 1:19)

LEADERS: Danny Thomas and Mark Potter

Maps: L195,L194 or OL15

Today's early morning walks through semi-rural and common land are followed by some long walks, steep climbs (and descents) over the Purbeck ridges and army ranges, with stunning views of the Jurassic coast and the Dorset landscape. Approx. 14 miles but feels longer because of the steep climbs.

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
09:00	0	DEPART: Lady St Mary Parish Centre, Wareham	SY925872
09:00 - 10:00	0	ANGLICAN EUCHARIST: Lady St Mary, Wareham	SY925872
12:45 - 13:45	6.1	LUNCH: Clavell's Restaurant, Kimmeridge	SY917798
13:50 - 14:10	6.2	PRAYERS: St Nicholas of Myra, Kimmeridge	SY917799
15:25 - 15:45	9.1	DIY PRAYERS & EXPLORE: St Mary, Tyneham	SY881804
16:55 - 17:00	11.4	above Arish Mell Beach	SY855804
18:10	13.7	ARRIVE: West Lulworth Village Hall	SY823807

About the lunch pub: The restaurant is licensed and sells local beers as well as other alcoholic and soft drinks, teas and coffees etc. It has stone floors so that pilgrims won't have to remove their boots and extensive seating outside on a terrace and in the garden. The menu includes good sandwiches and chips which, although not cheap, (£6.50 and upwards) are very filling! Tables and chairs in the garden are reserved for us. We should pre-order food. The restaurant will put out jugs of water for everyone and glasses. However, those wishing to eat their pilgrims' sandwiches will have to do that off the premises, not even in the garden. There will be places by the church to sit and also by the museum opposite.

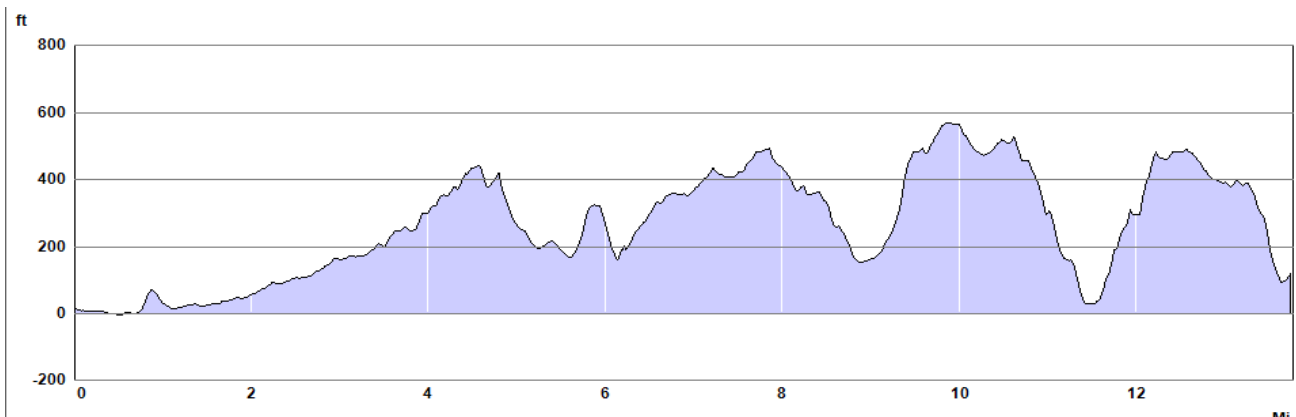
Addresses

Lunch: Clavell's Restaurant, Kimmeridge, Wareham, BH20 5PE

Hall: West Lulworth Village Hall, Church Rd, West Lulworth, Wareham, BH20 5SG

A&B Pilgrimage History: West Lulworth Village Hall has been built since our previous Buckfast pilgrimages, which allows us to take a different route with shorter days this time. We haven't passed through Kimmeridge village before. The 1982 pilgrimage went through Tyneham and then along the next section of coast path to Arish Mell as part of a mammoth 24 mile day from Studland to Wool.

Profile (Scale 0 to 800 ft): We pick up the South West Coast Path today and along with the sea views come the hills, some steep.



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DAY 7 **Friday August 17** **West Lulworth to Dorchester** **15.1 miles**

Theme: Environment

Bless the Lord, sun and moon; Bless the Lord, stars of heaven; Bless the Lord, all rain and dew; Bless the Lord, all you winds. (Dan 3:64-7)

LEADER: Aidan Simons

Maps: L194 or OL15, E117

This morning's walk offers stunning views of the Jurassic coast and across to Weymouth and Portland. To get those views you have to work, with ascent-decent on repeat. Pick a steady pace and enjoy the views. St Catherine-by-the-Sea has the graveyard with the best view ever! After lunch we turn inland, with a long climb after Osmington up White Horse Hill, then rolling countryside into Dorchester.

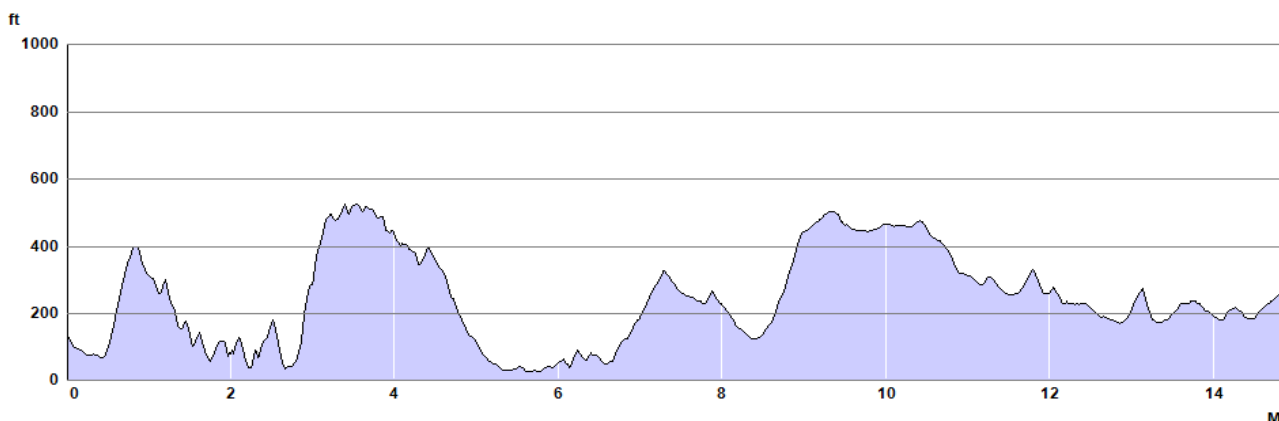
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:55	0	DEPART: West Lulworth Village Hall	SY823807
09:00 - 10:00	0.1	RC MASS: Holy Trinity, West Lulworth	SY823808
11:05 - 11:10	2.2	VIEWPOINT: Swire Head	SY799804
12:45 - 13:05	4.9	PRAYERS: St Catherine, Holworth	SY763817
14:00 - 15:00	6.8	LUNCH: Smugglers' Inn, Osmington Mills	SY735818
15:40 - 16:00	8	PRAYERS: St Osmund, Osmington	SY724830
19:00	15.1	ARRIVE: Dorford Centre, Dorchester	SY689907

About the lunch pub: On the cliff tops overlooking the Isle of Portland, the Smugglers Inn is a traditional English country pub. Part of the Hall And Woodhouse Chain, it has its own stream outside and oak beams inside. We may not eat our own food on the premises.

Addresses Lunch: Smugglers Inn, Osmington Mills, Weymouth, Dorset, DT3 6HF
Hall: Dorford Centre, Bridport Road, Dorchester, DT1 1RR

A&B Pilgrimage History : Anybody who was on the 1982 and 1996 Buckfast Pilgrimages will remember today's spectacular walk which was just an afternoon walk in those years after lunch at Lulworth Cove! The two prayer stops today featured on the 1982 pilgrimage but not 1996.

Profile (Scale 0 to 1000 ft): Having been broken in by the steep climbs yesterday, we are at it again today, starting with the epic climb up from the car park at Lulworth Cove. But that's only the first one.



DAY 8 Saturday August 18 Dorchester to Bridport 20.6 miles

Theme: Garden

Placing us in pleasant places (Ps 23) - green pastures to walk with God

LEADER: Mike Gamble

Maps: L194,L193 or E117, OL15

The walk starts with an easy stroll out of Dorchester, passing the base of Maiden Castle, and into Martinstown for our first prayer stop. We then climb up to Hardy Monument on the South Dorset Ridgeway, the highest point on this year's pilgrimage, with spectacular views of Chesil Beach. It's then a steady descent into Portesham for lunch at the Kings Arms, a pilgrimage pub 3 times previously. After lunch, it's a short stroll along a former railway to Abbotsbury where we visit St Catherine's Chapel, a 14th Century place of pilgrimage and retreat for the monks of the nearby Benedictine monastery, Abbotsbury Abbey. From here, we drop down and follow a flat low-lying section of the coastal path for 7 miles to Burton Bradstock, before cutting inland and into Bridport.

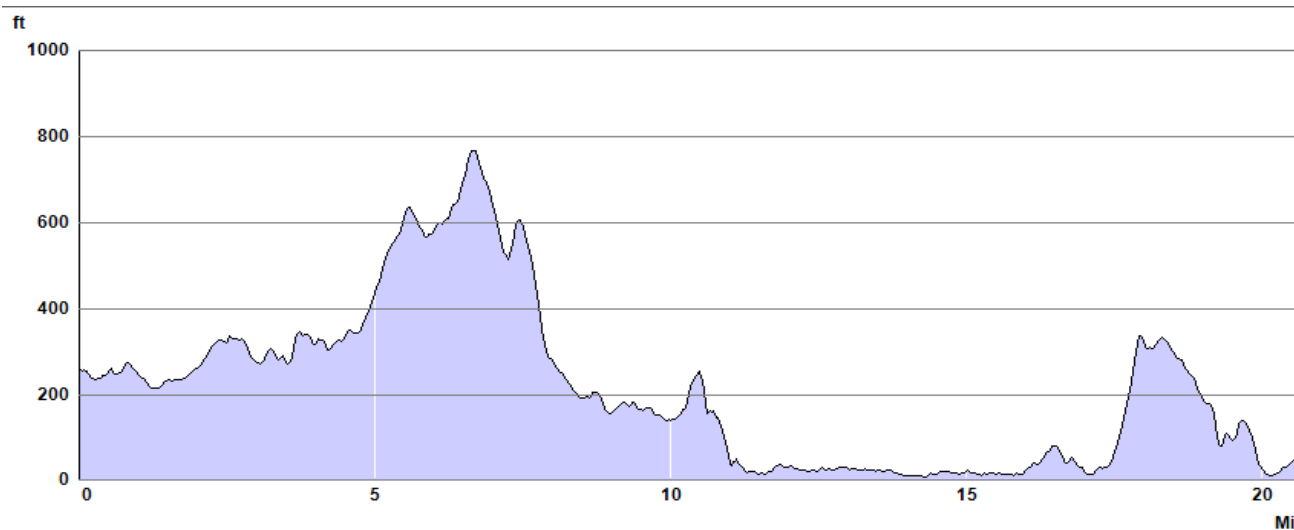
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:30	0	DEPART: Dorford Centre, Dorchester	SY689907
09:50 - 10:10	3.5	PRAYERS: St Martin, Martinstown	SY647890
11:40 - 11:45	6.6	VIEWPOINT: Hardy Monument	SY613876
12:30 - 12:35	8.2	DIY PRAYERS: St Peter, Portesham	SY603858
12:40 - 13:40	8.2	LUNCH: King's Arms, Portesham	SY603858
14:20	9.9	Abbotsbury	SY578853
14:35 - 14:40	10.4	DIY PRAYERS: St Catherine's Chapel, Abbotsbury	SY573848
17:15 - 17:35	17.3	PRAYERS: St Mary, Burton Bradstock	SY488895
18:35	19.5	Bothenhampton	SY475917
19:00	20.6	ARRIVE: Bridport United Church	SY468929
19:30 - 20:15	20.6	RC VIGIL MASS: St Mary & St Catherine's RC Church	SY466931

About the lunch pub: The Kings Arms is a recently refurbished traditional country pub with a wonderful garden complete with stream running through it ... allegedly the finest pub garden in Dorset. We do not have permission to eat our own food on the premises.

Addresses
 Lunch: 2 Front St, Portesham, Weymouth DT3 4ET
 Hall: Bridport United Church, East Street, Bridport, DT6 3LJ

A&B Pilgrimage History: The 1980, 1982 and 1996 Buckfast pilgrimages all had overnights in Dorchester and all lunched in the King's Arms Portesham, but thereafter their routes varied, and this year is a different take on the route again as none of the previous pilgrimages stopped for prayers in Burton Bradstock.

Profile (Scale 0 to 1000 ft): The longest day of the pilgrimage and the greatest height reached, but the long stretch of the South West Coast Path that we take after lunch is low-lying and flat, so overall today is less hilly than the other coastal days, and it is not our toughest day.



DAY 9 Sunday August 19 Bridport to Lyme Regis 14.6 miles

Theme: Hearth

Now that you have purified your souls ... so that you have genuine mutual love, love one another deeply from the heart (1 Pet 1:22)

LEADER: Susie Duffy

Maps: L193 or E116

Today's highlight is a visit to the shrine of St Wite at Whitchurch Canonicorum, where the saint's relics have survived intact in the church of St Candida and Holy Cross. The day starts with an easy stroll heading south west down to the coast at West Bay, where we stop for prayers at St John's Church. We then follow the South West Coast path up and down, with a steep ascent to Golden Cap, the highest point on the South coast. We leave the coast and head north, stopping at St Wite's Well for DIY prayers for healing and sprinkle ourselves with holy water from the spring. We cross a busy stretch of the A35 and climb to the prayer stop in St Candida & Holy Cross Church. After prayers we lunch either at the Five Bells Inn or we eat our packed lunch in the church grounds. We then follow the River Char down to Charmouth for a Sunday afternoon Anglican Eucharist at St Andrew's Church before the final climb up and then down to Lyme Regis.

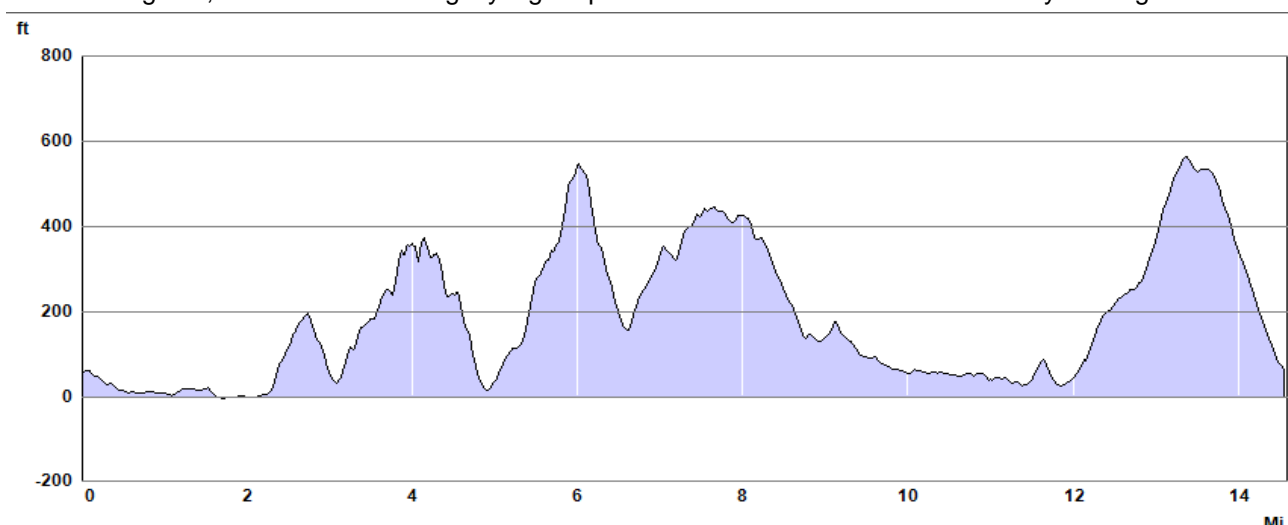
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
09:00	0	DEPART: Bridport United Church	SY468929
09:40 - 10:00	1.9	PRAYERS: St John, West Bay	SY464904
12:15 - 12:20	6	VIEWPOINT: Golden Cap	SY407922
13:05 - 13:10	7.5	DIY PRAYERS: St Wite's Well	SY400935
13:45 - 14:05	8.9	PRAYERS: St Candida & Holy Cross, Whitchurch Canonicorum	SY397954
14:15 - 15:15	9.1	LUNCH: The Five Bells Inn, Whitchurch Canonicorum	SY399953
16:30 - 17:30	12.1	ANGLICAN EUCHARIST: St Andrew, Charmouth	SY364936
18:40	14.6	ARRIVE: The Hub, Lyme Regis	SY343922

About the lunch pub: It's a traditional country inn with fine views from the garden. We may not eat our own food on the premises,

Addresses Lunch: The Five Bells Inn, Whitchurch Canonicorum, DT6 6RH
 Hall: The Hub, Church St, Lyme Regis, DT7 3BS

A&B Pilgrimage History : In 1980 we started in Burton Bradstock not Bridport but apart from that this day has featured on all of our Buckfast pilgrimages as a shorter day between very long ones. Golden Cap has featured every time but this is the first time we have visited Whitchurch Canonicorum or the centre of Charmouth. We visited St John In West Bay back in 1980.

Profile (Scale 0 to 800 ft): More hills! After 6 miles we reach Golden Cap, the highest point on the south coast of England, but later reach a slightly higher point inland between Charmouth and Lyme Regis.



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DAY 10 **Monday August 20** **Lyme Regis to Sidmouth** **17.4 miles**

Theme: Library

All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, (2 Tim 3:16)

LEADER: Bruce Matheson

Maps: L193,L192 or E116, E115

Most of this day's walk is on the SW Coast path so we have the benefit of its waymarks. It is clearly divided into the mornings up and down along the Undercliff to Seaton and the roller coaster afternoon. There is no road access to the Undercliff path so take care not to turn an ankle on the multiple ups and downs, muddy patches, stairs and tree roots. It is mostly through mixed forest until the last mile before lunch when we finally ascend the escarpment into the open air. Seaton has a good choice of cafes and a decent pub for lunch, The Malt House. There is a brisk up and down over a headland to Beer (the tide is unlikely to be low enough for a beach walk) where we have a church stop. A zigzag through the alleys leads past the Pecorama Pleasure Gardens and up the hill again. This is the direct route to Branscombe where we pass The Masons Arms and a couple of NT places. There are loos behind the village hall and by the NT bakery teashop. Branscombe church is a jigsaw of church architecture from the Saxons onward so a great old survivor. The rest of the afternoon is a lovely scenic walk made gruelling by three ups and downs between 250 and 500ft at a time. As is the case for the morning there is no further road access unless one diverts well inland to narrow country lanes. All in all a strenuous days walk. If a pilgrim wished to shorten the day the afternoon is the most varied walking but the morning less strenuous.

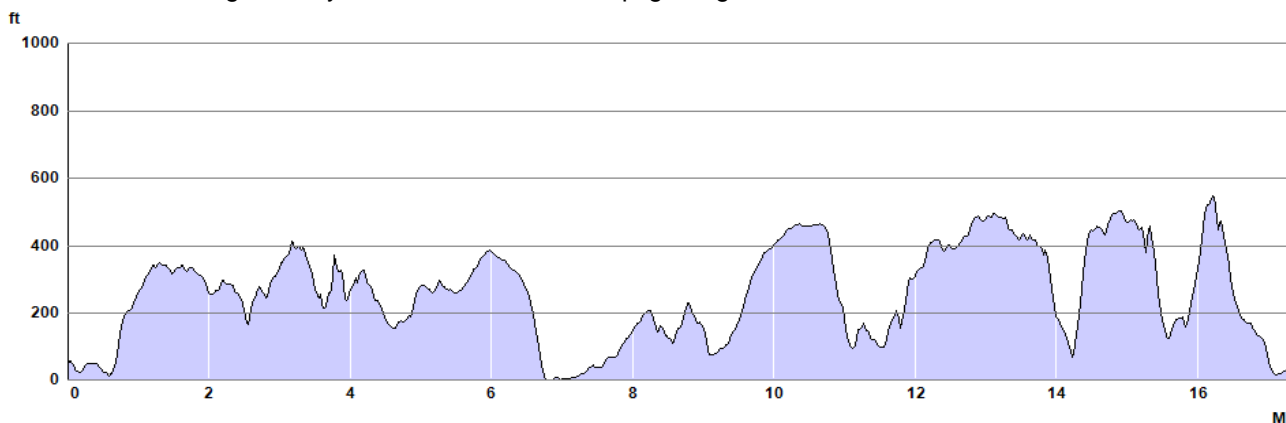
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:25	0	DEPART: The Hub, Lyme Regis	SY343922
08:30 - 09:30	0	ANGLICAN EUCHARIST: St Michael, Lyme Regis	SY343922
13:00 - 14:00	7.4	LUNCH: The Malt House, Seaton	SY245900
14:55 - 15:15	9.3	PRAYERS: St Michael, Beer	SY229894
16:35 - 16:55	11.8	PRAYERS: St Winifred, Branscombe	SY196885
19:50	17.4	ARRIVE: Sidmouth Methodist Church Hall	SY127876

About the lunch pub: The Malt House is on the square in the pretty seaside resort of Seaton and offers home-cooked food and quality ales. We may not eat our own food on the premises.

Addresses Lunch: The Malt House, The Square, Seaton, EX12 2NX
Hall: Sidmouth Methodist Church, High St, Sidmouth EX10 8LE

A&B Pilgrimage History : Our previous 3 Buckfast pilgrimages all had an equally gruelling Lyme Regis to Sidmouth day. We didn't visit the Malt House on any of them, but the 2 afternoon prayer stops did feature in 1996.

Profile (Scale 0 to 1000 ft): Look at all those ups and downs! 17 miles and almost 4000ft of ascent makes this the toughest day since the 2014 Carlisle pilgrimage.



email the pilgrims at live@thepilgrims.org.uk

In emergency contact: Chris 07850 661833 or Clare 07977 078889 or Susan M 07736 176207

DAY 11 Tuesday August 21 Rest Day in Sidmouth 0 miles

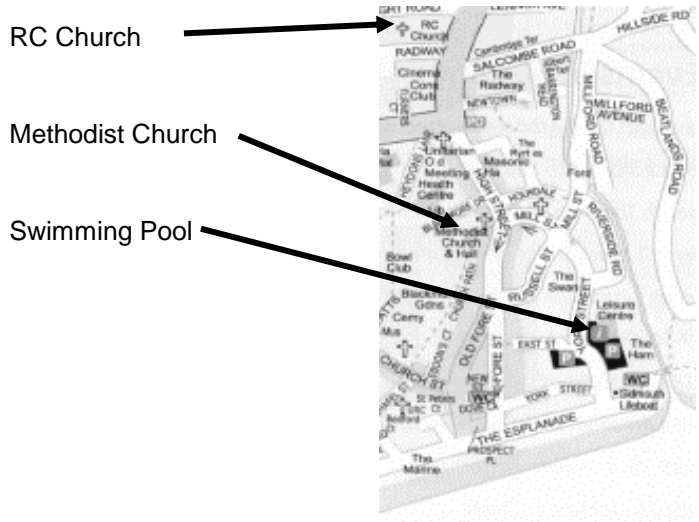
Theme: sleep

to lie down in green pastures (Ps 23 v 2).

Sidmouth is a pretty town on the Jurassic Coast offering a wealth of holiday activities to enjoy. Pilgrims may wish to shower or swim at the swimming pool (closes 21.00) 5 minutes from the hall: walk right down High Street, turn left at the path between McColls and Boots Optician and walk across the car park. The information centre is next door to the swimming pool. To visit the only launderette in town, turn left out of the hall, walk a mile up High Street, forking left at Arcot Road, or take the bus 9 or 9a (bound for Exeter) up to the Woolbrook Launderette: open 07.00-20.00. To access the peaceful Blackmore Gardens behind the hall: turn left out of the hall into High Street, then immediately left into Blackmore Drive. There are shops, cafes and pubs close by in High Street and Fore Street. The RC church is 5 minutes left up the High Street and the Anglican Church is just along the passage beyond the hall, and thence a short walk to the esplanade, cafe & beach.

Time	Miles	Location	Grid Ref
10:00		Rise time and breakfast time will be announced the night before. RC MASS: Church of the Most Precious Blood, Sidmouth	SY126878

Addresses
Woolbrook Launderette: Woolbrook Road, Sidmouth EX10 9UU
Hall: Sidmouth Methodist Church, High St, Sidmouth EX10 8LE
Sidmouth Swimming Pool: Ham Lane, Sidmouth EX10 8XR
RC Church: 5 Radway, Sidmouth EX10 8TW



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DAY 12 **Wednesday August 22** **Sidmouth to Kenton** **14.7 miles**

Theme: Kitchen

*You cause the grass to grow for the cattle,
and plants for people to use,
to bring forth food from the earth. (Ps 104:14)*

LEADERS: Geoff Murray, Stuart Pomfret and Jack O'Boyle **Maps: L192 or E115, OL44**

An easy walk. If the arrows are blown away just follow the signs for the South West Coastal Path between Sidmouth and Exmouth. Some signs just say Coast Path. There are two not very challenging hilly areas; one after Sidmouth, the other after Budleigh Salterton. Always keep to the coastal path. This area is called the East Devon Heritage Coast. Don't be alarmed if you hear gunfire. It isn't a terrorist outrage, it's the army at the Straight Point Rifle Range a mile before Exmouth. They will not be pointing straight at you. Please be at the Methodist Church in Exmouth by 5pm at the latest so we can go as a group to catch the last ferry across the River Exe. If you miss the ferry, it's a very long walk around the estuary or an expensive taxi fare. The ferry fare is paid for by the pilgrimage. Taxi fares are paid for by you. See if you can find out who unveiled the Geoneedle? What is the Geoneedle?

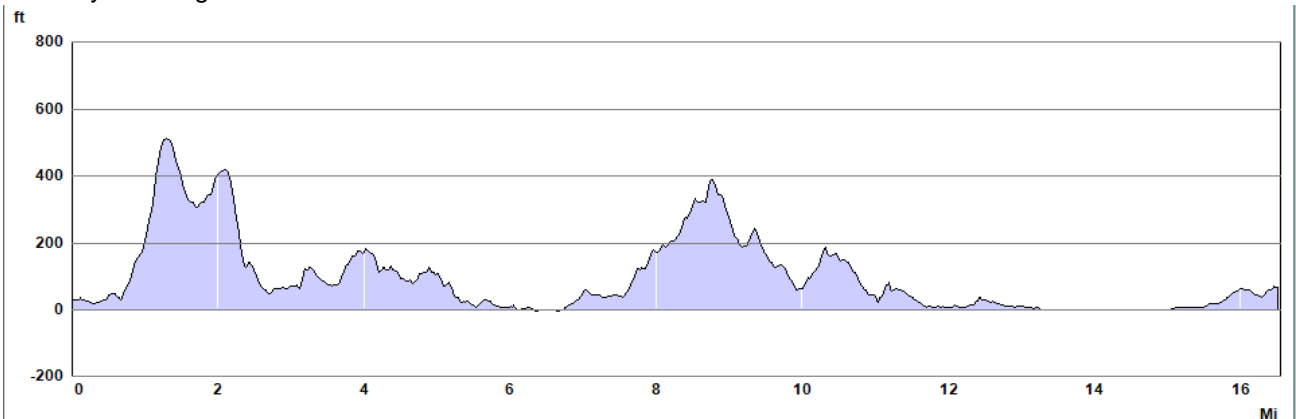
Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:45 - 09:45	0	ANGLICAN EUCHARIST: Sidmouth Methodist Church	SY127876
09:45	0	DEPART: Sidmouth Methodist Church	SY127876
11:05	2.7	Three Rocks Inn, Ladram Bay	SY098852
13:15 - 14:15	7.4	LUNCH: The Salterton Arms, Budleigh Salterton	SY064819
16:30 - 16:35	12.7	DIY PRAYERS: Exmouth Methodist Church	SY001809
17:40	13.2	BOARD FERRY: Exmouth Ferry Terminal	SX994807
18:00	13.2	DISEMBARK: Starcross Ferry Terminal	SX978818
18:45	14.7	ARRIVE: Kenton Victory Hall	SX962832

About the lunch pub: We will have a reserved room upstairs for lunch and may eat our own food there as long as we buy a drink, but if the weather is nice you can eat your rolls on the seafront about five minutes from the pub.

Addresses Lunch: The Salterton Arms, 22 Chapel Street, Budleigh Salterton, Devon, EX9 6LX
Hall: Kenton Victory Hall, Kenton Hill, Kenton, Nr Exeter, Devon, EX6 8JA

A&B Pilgrimage History : The previous three Buckfast pilgrimages all had Sidmouth to Exmouth days. On the 3rd one in 1996 we had lunch in the same pub as this year and then stayed the night at the hall of Exmouth Methodist Church where this year we stop for prayers only. The 2012 Bath to Exeter pilgrimage had a Sidmouth to Kenton via Exmouth day much like this day.

Profile (Scale 0 to 800 ft): Not so severe today with just 2000ft of ascent in total. The profile shown includes the ferry crossing.



In emergency contact: Chris 07850 661833 or Clare 07977 078889 or Susan M 07736 176207

DAY 13

Thursday August 23

Kenton to Barton

16.1 miles

Theme: Lounge (Rest)

So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation (Gen 2:3)

LEADER: Louise and John Chenery

Maps: L192,L202 or OL44

On today's walk as we head into Dawlish and into Teignmouth, we are walking along the sea wall right next to Brunel's Great Western Railway. These stretches of the line famously get damaged in exceptionally stormy weather. At Teignmouth we catch a ferry across the River Teign to Shaldon. This is a shuttle service. The ferry is too small to take all the pilgrims at once but it is only a 10 to 15 minute wait for the next one. After Shaldon, we follow a very hilly section of the South West Coast Path, the final coastal section of our pilgrimage.

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:45	0	DEPART: Kenton Victory Hall	SX962832
09:00 - 10:00	0.3	ANGLICAN EUCHARIST: All Saints, Kenton	SX978833
11:40	4.4	Hazelwood Holiday Park, Dawlish Warren	SX976788
12:35 - 13:35	6.7	LUNCH: Dawlish	SX960767
13:35 - 13:55	6.7	PRAYERS: Dawlish Methodist Church	SX960767
15:30 - 15:35	10.1	DIY PRAYERS: St Michael the Archangel, Teignmouth	SX944730
16:00	10.6	BOARD FERRY: Teignmouth Ferry Terminal	SX939725
16:15	10.6	DISEMBARK: Shaldon Ferry Terminal	SX936723
16:25	10.9	The Ness Hotel, Shaldon	SX939720
18:15	13.9	Maidencombe	SX927685
19:25	16.1	ARRIVE: Acorn Centre, Barton	SX911665

About the lunch pub: Pilgrims are free to find their own lunch in the delightful town of Dawlish. Maybe choose one of the pubs or cafes. The URC Church / Community Centre runs a lunchtime café. Or sit by the Dawlish Water (a stream running down to the sea) and watch the black swans and other exotic water fowl. The arrows will lead past the URC Church to the Methodist Church where we gather for prayers at 13.35.

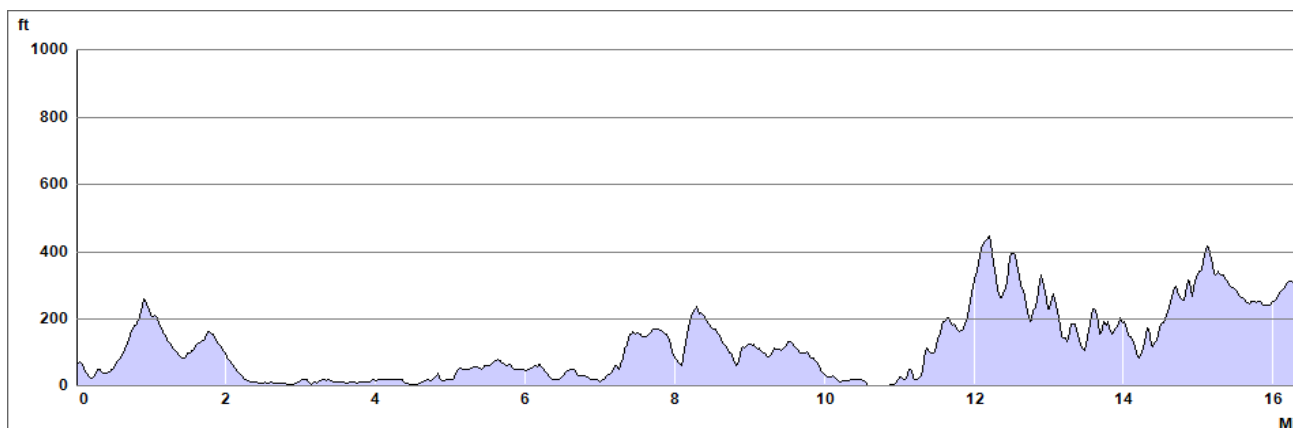
Addresses

Lunch: find your own lunch in Dawlish

Hall: The Acorn Centre, Lummaton Cross, Torquay TQ2 8ET

A&B Pilgrimage History: Our previous Buckfast pilgrimages all headed inland after crossing the River Exe, to reach Buckfast via the edge of Dartmoor. This year we have chosen to follow the south west coast path for one more day, breaking new ground.

Profile (Scale 0 to 1000 ft): The sections along the sea wall and the ferry crossing (included in the profile) are flat, but the extremely rollercoaster end makes this overall one of the hilliest days of the pilgrimage with 2900ft of ascent.



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DAY 14

Friday August 24

Barton to Ashburton

15.1 miles

Theme: Security

Kept hidden in His heart and arms. Locks on doors.

Hide me from mine enemy (Ps 27 v 5).

LEADER: Sue and Fred Adilz

Maps: L202 or OL44, OL28

Today's walk heads towards Dartmoor. We leave Barton by road; views of Teignmouth and Dartmoor can be seen (weather permitting) before we descend to Kingskerswell for prayers. Thereafter route becomes hillier and enters woodland, passing a quarry where stone was extracted for Brunel's Great Western Railway, now a nature reserve. We have lunch at Ipplepen and visit St Andrew's church with fine rood screen. We cross Orley Common and descend to Torbryan. Hidden in a valley, Holy Trinity church escaped damage in the reformation and has a rare surviving medieval rood screen painted with saints. Thereafter, we walk up a gentle valley, through farmland, along narrow lanes, past Denbury Down, a hill fort dominant on the horizon, over stiles and miles of undulating farmland, each junction named as a "cross" with appropriate signpost. Take care on all lanes, particularly the descent to Ashburton. We stay at St Andrew's Church Hall and St Lawrence Chantry Chapel (Grade II listed).

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:50	0	DEPART: Acorn Centre, Barton	SX911665
09:00 - 10:00	0.2	ANGLICAN EUCHARIST: Barton Baptist Church	SX910668
11:10 - 11:30	3	PRAYERS: St Mary's, Kingskerswell	SX876678
13:20 - 14:20	6.9	LUNCH: The Wellington Inn, Ipplepen	SX835666
14:25 - 14:45	7	PRAYERS: St Andrew's, Ipplepen	SX834665
15:25 - 15:45	8.4	PRAYERS: Holy Trinity, Torbryan	SX820668
18:30 - 18:35	14.7	DIY PRAYERS: St Gudula's Well	SX739675
18:50	15.1	ARRIVE: St Andrew's Church Hall, Ashburton	SX755697

About the lunch pub: The Wellington Inn is a spacious pub with garden and large car park. It serves a range of good beers and variety of pilgrim friendly food in generous portions at reasonable prices. We may not eat our own food on the premises, but the churchyard is nearby.

Addresses

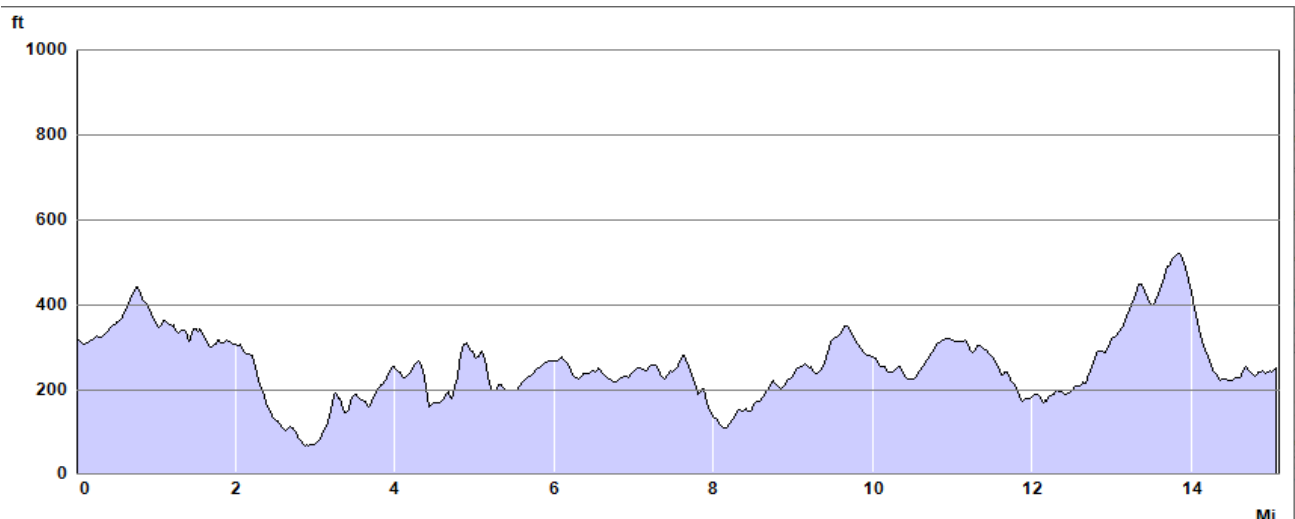
Lunch: The Wellington Inn, Fore Street, Ipplepen, TQ12 5RH

Hall 1: St Andrew's Church Hall, West Street, Ashburton, Newton Abbot TQ13 7DT

Hall 2: St Lawrence Chapel, 21 St Lawrence Ln, Ashburton, Newton Abbot, TQ13 7DD

A&B Pilgrimage History: This day we are breaking entirely new ground where the pilgrimage has never been before.

Profile (Scale 0 to 1000 ft): Another hilly day with 2000 ft of ascent. The high point of the day is just before the end.



email the pilgrims at live@thepilgrims.org.uk

DAY 15 Saturday August 25 Ashburton to Buckfast Abbey & Celebration 6.9 miles

Theme: Doors

to freely enter (and leave) His presence. Our free will.

LEADER: Ceri Potts

Maps: L202 or OL28

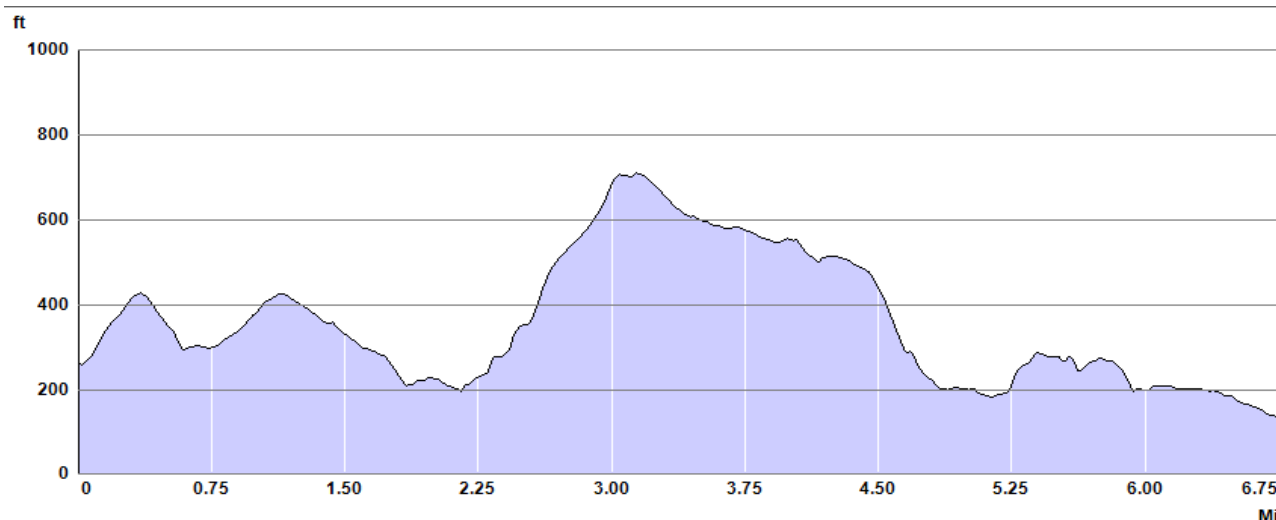
We have an early start and a short, varied walk on our final approach to Buckfast. There is some road walking as we leave Ashburton to cross the River Dart at Holne Bridge. Then there are scenic views as we climb to the second highest point on this year's pilgrimage and our final descent takes us through Hembury Woods, briefly following the River Dart, and on to Buckfast Abbey. We arrive just in time for one of the main events of the abbey's Millennium Year: the mass of the Feast of Dedication of the Abbey. It's ticket-only but we are invited and to the lunch too! So begins an afternoon and evening of celebration.

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:15	0	DEPART: St Andrew's Church Hall, Ashburton	SX755697
10:10	4	Hembury Woods Car Park	SX725687
11:30 - 12:00	6.8	TAKE SEATS: Buckfast Abbey	SX741674
12:00 - 13:30	6.8	ABBEY MASS: FEAST OF ITS DEDICATION: Buckfast Abbey	SX741674
13:30 - 15:00	6.8	BUFFET LUNCH: Buckfast Abbey Grounds	SX741674
15:15	6.9	ARRIVE: Grangehurst House, Buckfast	SX739675
	6.9	ARRIVAL SERVICE: Location & Time TBA	SX739675
18:30 - 19:00	6.9	VESPERS: Buckfast Abbey	SX741674
19:30	6.9	ANGLICAN COMMUNION/CELEBRATION MEAL: Grangehurst House	SX739675

Addresses Hall: Grangehurst House, Buckfastleigh, TQ11 0EE

A&B Pilgrimage History: 1980 ... 1982 ... 1996 ... 2018. Buckfast Abbey, we love you!

Profile (Scale 0 to 1000 ft): Our final short walk wouldn't be complete without some more hills and indeed we reach the 2nd highest point of the pilgrimage before dropping down into the valley of the River Dart.



DAY 16 Sunday August 26 Journey Home

Theme: Keys

of the Kingdom. Holman Hunt's Light of the World: Jesus knocking on the door of our heart (John 8:12)

Time	Miles	Location	Grid Ref
		<i>Rise time and breakfast time will be announced the night before.</i>	
08:45	0	DEPART ACCOMMODATION: Grangehurst House, Buckfast	SX739675
09:00 - 10:00	0.2	MASS: Blessed Sacrament Chapel, Buckfast Abbey	SX741674
10:30	1.2	GATHER FOR TRAIN: Buckfastleigh Station	SX746663
10:45	1.2	CATCH TRAIN: Buckfastleigh Station (South Devon Railway)	SX746663
11:15	1.2	ALIGHT FROM TRAIN: Totnes Riverside (South Devon Railway)	SX804613
11:30	1.6	ARRIVE: Totnes Mainline Station	SX802609