

## ALTERNATIVE TRANSPORT 2014

### LIVERPOOL to CARLISLE

**General Notes:** It is recognised that some pilgrims may become tired or blistered after walking long distances and may prefer the “luxury” of being transported over part of the route. It is for this reason that the following information is provided to help you. We have viable means of alternative public transport available most days this year. Note that bus times are generally given to/from town centre or bus-station which may not be the most accessible from the overnight hall. Out of town, conventional bus-stops don't always exist and you may need to “Hail & Ride” at places - check with locals. This information is provided as a guide, not necessarily the fastest or cheapest choice of transport! It is MOST important, if you plan to deviate or drop out from the guided pilgrim route, that you advise Clare Gamble (in the drinks car and elsewhere) so that we don't worry that you have got lost! Use mobile telephone (do you have the numbers?) in case of emergency.

**Aug 9, Day 1:** Please see separate notes for registration and events in central Liverpool on Day 1: then catch local Merseyrail train from Liverpool Central (at 8 min past the hour and every 15 min., in the direction of Southport) to Hall Road. The overnight centre is approximately 700m walk from Hall Road station.

**Aug 10, Day 2 (Sunday): Blundellsands (Ainsdale) Southport :** Regular rail service from Hall Road station (14, 29, 44, 59 min past the hour), takes 25 min, £4.65 all the way. This train goes through Ainsdale for the lunch stop. There is also a bus service (route **2X** – limited stop, about 30 min interval) from Crosby (St Luke's church), which goes through Ainsdale, to Southport (Lord Street).

**Aug 11, Day 3: Southport (Tarleton) Preston :** Bus **2X**, irregular, about 30 min interval, takes 50 min. This bus will also go through Tarleton.

**Aug 12, Day 4: Preston (Goosnargh) Churchtown :** Bus **40/41** (at 0 and 30 minutes past the hour and takes 35 min) to *Catterall*, and then about 20 min walk. For Goosnargh, route **4** (28 min past hour from Preston City Centre towards Longridge) takes 45 minutes. From Goosnargh continue on bus **4** (1352, 1457, 1602, 1707) to Broughton, then **40** to Catterall (plus the 20 min walk to Churchtown). There is a bus route **42** (@ 1548, 1654) from Catterall to Churchtown, takes 4 min.

**Aug 13, Day 5: Churchtown (Cockerham) Lancaster :** Bus **42** (1 min past hour, takes 50 min). For the lunch stop it seems you need to travel first all the way to Lancaster using the **42**, then catch the **89** (1114, 1244, 1414) back to Cockerham (takes 32 min). There is the possibility to alight from the **42** at “Bay Horse Crossroads” and find your own route (about 2 miles walk) to Cockerham from here. After lunch, transport is by the **89** (1325, 1455, 1625) to Lancaster (takes 32 min).

**Aug 14, Day 6: Lancaster** (rest day)

**Aug 15, Day 7: Lancaster (Carnforth) Arnside :** rail @ 1024, 1123, 1220, 1334, 1421 etc. (takes 20 min), £5.10; the rail route also stops at Carnforth. Or bus **555** from Lancaster bus station (1020, 1150, 1220, 1250, 1320 . . .) through Carnforth for lunch stop, to Milnthorpe (35 minute journey). Then the **551/552** (@ 1139, 1324, 1539 . . .) which takes 14 min to Arnside.

**Aug 16, Day 8: Arnside (Levens) Kendal :** bus **551/552** @ 0935, 1155, 1340, 1555 . . . (takes approx 40 min). For Levens catch the **551/2** to Milnthorpe and then the **555** @ 1016, 1106, 1206 (takes 24

min): the bus stops on the A590 slip road with a 10 min walk to the village. Levens to Kendal by the **555 @ 1418, 1613, 1633, 1823** (takes 15 min) – again allow time to get to the bus stop.

**Aug 17, Day 9 (Sunday): Kendal (Crook) Ambleside** : Bus **555**, via Windermere at 40 min past hour (takes 48 min) all the way.

There is ***no bus route*** which takes in the lunch stop at Crook: the shortest walking route to Crook is about 2 miles from Staveley, reached from Kendal by bus route **505 @ 1005**, or **555 @ 1040, 1140, 1240**, or **755 @ 1038, 1224**, or by train @ 1139, 1231 – each takes 10 to 16 min.

From Crook you need to walk back to Staveley then catch the **555 @ 1451, 1551, 1651** or **1751** to Ambleside – takes about 38 min. There is also a train available from Staveley (1634) to Windermere and bus **599** from here at 1648 to Ambleside.

As an alternative to the alternative transport the “official” Pilgrims' route includes taking the car ferry from south of Bowness (Ferry Nab) to the west side of the lake (pedestrian ferries also depart from Bowness) then following footpaths to Ambleside – more details and times available from the planners. Bowness is about 1.5 miles south from Windermere and there are frequent buses to connect them.

**Aug 18, Day 10: Ambleside** (rest day)

**Aug 19, Day 11: Ambleside (Grasmere) Chapel Stile** : Bus **516 @ 1040, 1200, 1330, 1500, 1625** and **1835** (takes 19 min) to Chapel Stile.

For Grasmere the **555 @ 28, 58** past the hour takes 15 minutes; to continue you need to return to Ambleside @ **18, 53** min past the hour (varies slightly) then catch the **516** as above.

**Aug 20, Day 12: Chapel Stile (Stonethwaite) Keswick** : Bus **516 @ 1012, 1127, 1247, 1417** back to Ambleside, then bus **555**, via Rydal and Grasmere, at 28 and 58 min past hour (takes 44 min) to Keswick.

For the Stonethwaite lunch stop you first need to travel to Keswick (above) then get the **78 bus @ 15** and **45** min past hour from Keswick to Borrowdale village (takes 25 min) and a short 500 metre road walk. Return bus @ **26, 56** past.

**Aug 21, Day 13: Keswick (Skiddaw House) Caldbeck** : ***No public transport found***

Not absolutely true: there is just one bus daily, route **73A** at 1815 from Keswick bus station to Caldbeck (arr 1855).

Skiddaw House is too remote to merit a proper road, let alone public transport.

The walking distance can be reduced by taking a bus, route **554** (1035, 1335) takes about 28 mins, to *Mealsgate*, from where there is a walk to Caldbeck of about 9 miles by road. Or continue on this bus to *Wigton* and get a taxi from here to Caldbeck (11 miles, 30 min).

Possible taxi firms from Keswick: Keswick Cab Company (01768) 736007, Derwent Taxis 775585, Davies 772676, Kim 775337, Skiddaw 775600.

Taxis from Wigton: Silloth Taxis (01695) 331508, Stan's 333188, Station House 343148, Town Village Link 344527.

**Aug 22, Day 14: Caldbeck (Dalston) Carlisle** – The **only** “all-the-way” bus found is in the evening by route **73A @ 1855** (takes 30 min).

From Caldbeck to Dalston by road is about 9 miles. ***No public transport found in the morning.***

There is transport from Dalston, either by rail (1347, 1444, 1545, 1707 - takes 14 min from here) or bus **75 @ 34** min past hour (also 14 min).

Taxi from Caldbeck: nearest local based at Wigton (see above).

**Aug 23, Day 15: Carlisle** (rest day: you'll need it)

**Aug 24, Day 16 (Sunday):** As usual, you find your own way home!