



### ***This year***

Our pilgrimage will visit most places of historic and religious significance that William Cragh and his captors might have visited on their journey: Swansea, Margam Abbey, Ewenny Priory, Llancarfan, St Fagan's, Caerphilly, Newport, Usk, Abergavenny, Patrishow, Longtown, Kilpeck, Hereford as well as other churches, cathedrals, and abbeys on the route.

<http://thomasway.ac.uk/>

Commencing at St Joseph's Cathedral and walking from St Mary's Church, Swansea, the pilgrimage will stay in Port Talbot, St Bride's Major, St Athan, Cardiff, Caerphilly, Newport, Usk, Abergavenny (rest day), Longtown, Ewyas Harold and Hereford, ending at the Shrine of St Thomas Cantilupe in Hereford Cathedral.

Our pilgrimage will also be giving thanks for being able to go on this pilgrimage after 2 years of pandemic. We will be praying for the communities that we pass through and for pilgrims past and present, and families and friends at home.

*To know more or receive details of future pilgrimages write to:*

The Diocese of Arundel & Brighton  
Ecumenical Walking Pilgrimages,  
The Philip Howard Centre, 4 Southgate Drive,  
Crawley, West Sussex, RH10 6RD

### ***Who are these people?***

A group of Christians making a walking pilgrimage.

### ***What is a pilgrimage?***

A physical journey, usually made to some holy place with the intention of making progress on a spiritual journey. The purpose might be to give praise to God, to do penance, to petition God for some favour, or to ask the intercession of a Saint.

### ***Whose bright idea is this, anyway?***

The general answer is that no one knows. Certainly the Israelites took the Ark of the Covenant on pilgrimage to Jerusalem. These pilgrimages were likened to the long trek from slavery in Egypt to Sion, the Promised Land. They can be seen as an anticipation of Christ's journey to Jerusalem for our salvation, and so as Christ leading us on our earthly pilgrimage towards the heavenly kingdom.

What we've discovered, year after year, is the amazing personal and community value of going on a pilgrimage, as our medieval forebears did, where the journey, walking, laughing, sharing, praying, singing, etc. is as important as the destination.

## ***Diocese of Arundel & Brighton Ecumenical Walking Pilgrimages***

SWANSEA TO HEREFORD

ST THOMAS WAY

PILGRIMAGE

2022

SWANSEA, PORT TALBOT, ST BRIDES, ST ATHAN,  
CARDIFF, CAERPHILLY, NEWPORT, USK,  
ABERGAVENTNY, LONGTOWN, EWYAS HAROLD,  
HEREFORD

13th — 28th August 2022

### ***Join us for a day***

***Follow our progress online at our website:***

***[www.thepilgrims.org.uk](http://www.thepilgrims.org.uk)***

***Updated daily!***

### ***And this pilgrimage?***

It is part of our life journey. Geoffrey Chaucer in his Canterbury Tales sums up the proper attitude for making a pilgrimage:

***"Christes lore and his Apostles twelve  
he taught, but first he followed it himselfe."***

So by our example of Christian living we are trying to show what the teaching of Christ and his Christian Church actually means today.

The Roman Catholic Diocese of Arundel and Brighton annually organises an Ecumenical Walking Pilgrimage where up to a hundred pilgrims rediscover the rewards of undertaking the old way of journeying to a holy shrine.

This year is our 47th year of pilgrimage and we are making our way from Swansea Cathedral to Hereford Cathedral. The St Thomas Way is based on a journey made long ago by a Welsh outlaw, William Cragh, who was hanged for insurrection but miraculously came back to life. To give thanks, William made a pilgrimage, with his captors from Swansea to Hereford to the Shrine of St Thomas Cantilupe. We will start our Pilgrimage at Swansea Cathedral, heading east and then north to Hereford Cathedral.