Way and visiting several Holy Wells on the way. 2017 marks the 500th anniversary of the start of the Reformation. We adopt the symbol of the ecumenical movement, a boat afloat on the sea of the world with its mast in the form of a cross, whilst also reflecting on the lives of those Welsh Saints who touched the places we will be walking through.

"For the Lord is my strength, my song, he is my salvation. And you will draw water joyfully from the well springs of salvation."

To know more or receive details of future pilgrimages write

Isaiah Ch. 12 V. 3

to:

## Diocese of Arundel & Brighton Ecumenical Walking Pilgrimages

Bangor to Holywell

# Drawing water from the living well

## 2017

BANGOR, Malltraeth, Rhosneigr, HOLYHEAD, Bodedern, Amlwch, Benllech, Bangor, CONWY, Llangernyw, St. Asaph, Pantasaph, HOLYWELL

12th – 27th August 2017

# Join us for a day

Follow our progress online at *our website:* <u>www.thepilgrims.org.uk</u> <u>Updated daily!</u>

#### Who are these people?

The Diocese of Arundel & Brighton Ecumenical Walking Pilgrimages, The Christian Education Centre,

A group of Christians making a walking pilgrimage.

4 Southgate Drive, Crawley, West Sussex, RH10 6RD

#### What is a pilgrimage?

A physical journey, usually made to some holy place with the intention of making progress on a spiritual journey. The purpose might be to give praise to God, to do penance, to petition God for some favour, or to ask the intercession of a Saint.

#### Whose bright idea is this, anyway?

The general answer is that no one knows. Certainly the Israelites took the Ark of the Covenant on pilgrimage to Jerusalem. These pilgrimages were likened to the long trek from slavery in Egypt to Sion, the Promised Land. They can be seen as an anticipation of Christ 's journey to Jerusalem for our salvation and so Christ leading us on our earthly pilgrimage towards the heavenly kingdom.

What we've discovered, year after year, is the amazing personal and community value of going on a pilgrimage, as our medieval forebears did, where the journey, walking, laughing, sharing, praying, singing, etc. is as important as the destination.

### And this pilgrimage?

It is part of our life journey. Geoffrey Chaucer in his Canterbury Tales sums up the proper attitude for making a pilgrimage:

#### "Christes lore and his Apostles twelve he taught, but first he followed it himselve."

So by our example of Christian living we are trying to show what the teaching of Christ and his Christian Church actually means today.

The Roman Catholic Diocese of Arundel and Brighton annually organises an Ecumenical Walking Pilgrimage where up to a hundred pilgrims rediscover the rewards of undertaking the old way of journeying to a holy shrine.

This year is our 43<sup>RD</sup> year of pilgrimage and we are making our way from Bangor, North Wales to St. Winefride's shrine at Holywell, North Wales ("the Lourdes of Wales").

We will start our Pilgrimage in Bangor then, after a circle round Anglesey, we will be going via Conwy and St Asaph on to our final destination at Holywell, following parts of the Anglesey Coast

Path, Wales Coast Path and North Wales Pilgrims

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